

Celebrating
40 YEARS



MONADNOCK
DEVELOPMENTAL
SERVICES

Spring 2024

Monadnock Views

Helping people with developmental disabilities live and work in their community

How MDS Puts Your Donations to Work for Unmet Needs

Our community contributions are more important than ever to cover the costs of unmet needs for developmentally disabled children and adults across the Monadnock Region.

Warm Winter Clothing

Over the past several years, we have been able to provide warm winter coats, boots and other items for over a dozen individuals who would otherwise do without. Medicaid doesn't cover clothing expenses, so when winter comes, we can be sure everyone stays warm and dry.



Van Modification

A teenager with a spinal disorder uses a wheelchair. To get him to appointments, school and for community outings, the parents need to buy a larger van and then have it modified to fit his wheelchair. The modifications cost as much as the van, but will serve the family for a long time. Medicaid only pays for the cost of the modifications.

Power Lift Recliner

An individual was using an old recliner as their primary piece of furniture. They spent most of their day sitting on it, and slept in it at night. The recliner was falling apart and becoming unusable. The seating back was starting to separate from the frame. Additionally, the individual was aging with limited mobility, which limits the options of appropriate seating. The new recliner allowed them to be more independent and comfortable in their daily life, be cleaner and easier to maintain, and help prevent back injury and discomfort during the duration of use.

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Mary-Anne Wisell
Executive Director

121 Railroad Street, Keene
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603-352-1304

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603-924-4203

www.mds-nh.org

NH GIVES

Mark your calendars for June 11-12. It will be a day for everyone to support MDS.
#nhgives

MDS Crisis Funds Over the Past 5 Years

\$130,000+ in crisis
and unmet needs funds
spent for children and
adults with developmen-
tal disabilities.

\$100,000+ in dental
funding

How MDS can Help—How You can Help

Monadnock Development Services provides supports and services to people with developmental and related disabilities so that they can live and work in their community.

MDS serves those with...

- Intellectual disabilities
- Cerebral Palsy
- Autism
- Epilepsy
- Severe learning disabilities
- Acquired brain disorders
- Children with chronic health conditions



How MDS can help...

- Family support
- Transportation
- Residential and community participation services
- Respite
- Employment support
- Planning for life transitions
- Information about benefits
- Early support and services (age 0-3)
- Information and referral service

How YOU can help...

- Explore employment opportunities
- Volunteer as a tutor, friend or mentor
- Join us on November 2nd for Run~Walk~Smile 5K/10K/1-Mi
- Donate to the MDS fund for critical and unmet needs.
- To find out more, contact Linda Amaral at linda@mds-nh.org.



MDS Logo Wear Available!

MDS has partnered with Bulldog in Keene to offer apparel with the MDS logo on it. All orders are placed through Bulldog and the MDS online store.

To place an order, visit <https://monadnockdevelopmentalservices.itemorder.com/shop/home/>



Monadnock Developmental Services teams up with the Flutie Foundation for Run~Walk~Smile!

It's the 10th anniversary of MDS's Run~Walk~Smile as it returns to Keene on November 2nd and we are thrilled to share that the MDS road race will be collaborating with the Flutie Foundation and the Flutie 5K for Autism. The road race will continue to be a 10K/5K/1-Mile event and, in particular, the 5K portion will be a Flutie 5K road race.

How can you help? Join the fun and register for the race! Registration opens in May.

Want to be a sponsor? Contact Linda Amaral at linda@mds-nh.org or 603-352-1304.

MDS is Grateful for Support from the Community

MDS is fortunate to belong to a community in which many businesses generously give back. We wanted to share some of the examples of restaurants that helped with our fundraising efforts during the first quarter of 2024.

We started the year with **Margaritas** in Keene hosting a Noche Mexicana Fundraising night on behalf of MDS in which 20% of the proceeds from the evening were donated to our organization. In February, we had two fundraisers. **Granita Enoteca** in Keene generously donated the proceeds from a specialty dessert for the entire month. We were also chosen by **Woodbound Inn** in Rindge as the highlighted non-profit for buffet Wednesday during the last two weeks of February. In March, the **Waterhouse** in Peterborough offered a specialty drink in which \$5.00 from every drink was generously donated to MDS. A special thank you goes to Annie Choon and James Lee at **Lee & Mount Fuji** in Marlborough for donating funds to MDS from the Planet Aid boxes on their property.

In total, these fundraisers have brought in over \$4,000 to MDS.

Would you prefer to receive this newsletter electronically?

Send your email address to development@mds-nh.org to be added to our newsletter email distribution list.

At Monadnock Developmental Services, our mission is to work toward inclusion, participation and mutual relationships for all people who are at risk of isolation from community.

MDS appreciates any contributions you wish to make to help us provide quality services to individuals with disabilities and their families in the Monadnock region.

To donate by mail, you may use the enclosed donation envelope. To donate online, you can scan the QR code to go directly to the donation page on our website.

Monadnock Developmental Services, Inc. is a registered 501(c)3 non-profit organization. Federal Tax ID 02-0369974

