



MDS
Region 5
Self-Advocacy
“Connections”

Join us in making new connections & friendships
May – September 2023

| Day | Date | Time |
|--------|--------------------|----------------------|
| Monday | May 15, 2023 | 10:30 am to 11:30 am |
| Monday | June 19, 2023 | 10:30 am to 11:30 am |
| Monday | July 17, 2023 | 10:30 am to 11:30 am |
| Monday | August 21, 2023 | 10:30 am to 11:30 am |
| Monday | September 18, 2023 | 10:30 am to 11:30 am |
| Monday | October 16, 2023 | 10:30 am to 11:30 am |

Monday meetings are presented in hybrid format – you may either attend via ZOOM
or in person at MDS - 121 Railroad St., Keene, NH 03431

Watch for other special events and additional meeting times & locations

<https://us02web.zoom.us/j/87016696979?pwd=d1JuckU3NVg0dTlyV01ubFc2cDYvZz09>

Meeting ID: 870 1669 6979 Passcode: 407639

For more information contact: Mari Schacht, 603-352-1304, or mari@mds-nh.org