About the Guide

The purpose of this guide is to assist families in finding camps in the area. A camp listing in this guide does not constitute an endorsement or recommendation by MDS. Each child is different and therefore, it is the parents who are responsible for determining which camp would be appropriate for their child. It is our hope that this guide will provide you with the tools to find a camp that would best meet your child’s needs.

Tips for choosing a camp that is appropriate for your child

1. **Start Early!** By starting early (February), you give yourself more opportunities to research many different camps.
2. **Identify the needs:** Create a list of the ideal situation for your child; their strengths, preferences and goals.
3. **Consider the camp set up:** Consider all aspects of the camp such as the cost, length of session, day camp vs. residential, and the structure of the program. It is important to find out what types of activities the camps offer to make sure it is an appropriate setting for your child. (Visit camps, talk to Camp Directors to ask specific questions about the things that will make camp a successful experience for your child).
4. **Ask your child:** Have your child make the final decision so they will have vested interest in making this experience enjoyable and successful.
Ways to pay for camp

1. Many camps have scholarships or reduced rates for those who meet their guidelines. Some camps will even set up a payment plan. Call the camp directly and ask about these options.

2. Talk to your school. Some schools have recreation scholarship programs for children enrolled in the school who need financial assistance. Contact your child’s principal to find out if this is available.

3. Apply for grants; there are many grant foundations that assist families who have children with special needs participating in camp and recreation programs. Call the foundations directly for grant applications and guidelines, here are a few ideas:
   - Harry Alan Gregg Foundation 547-3311 Ext. 401
   - Sports for Kids 307-534-1888
   - Disabled Children’s Relief Fund 516-377-1605

4. For more ideas, contact your Family Resource Coordinator at MDS.

More info…..

5. If you need more information about camps in your area, you can find more listings by…

-Using the internet

-Log onto these sites for camp listings:
  www.keenesentinel.com/summercamps
  www.camppage.com
  www.campsearch.com
  www.camping.org/
  www.kidscamp.com

-Calling for a free directory of Summer Camps at:
  800-549-CAMP
  800-966-CAMP
  800-549-2267

-Call your local Chamber of Commerce for a list of camps in your town.
Day Camps/Residential Camps

Antrim

Camp Chenoa
Sponsored by the Girl Scouts of the Green & White Mountains; camps are offered for girls that are scouts and non scouts, ages 6-16. Offers canoeing, horseback riding, water activities, crafts and hiking. For more info call 1-800-654-1270 or visit www.swgirlscouts.org/camp/chenoa

Brattleboro, VT

(www.youthservices.org/summer for help)

Brattleboro Music Center Summer Programs
Several music camps offered for preschoolers through adults. Voice and instrument programs are available; day and overnight camps are offered. Sponsored by the Brattleboro Music Center. For details and more info call (802) 257-4523 or visit www.bmcvt.org.

Bonnyvale Environmental Education Center
For boys and girls ages 5-11 who love exploring the natural world. Campers spend most of the day exploring the center’s 100-acre site. For more info call (802) 257-5785 or visit www.beec.org. Programs are available June through August.

Chesterfield

Road’s End Farm Horsemanship Camp
For girls ages 8-16 of all riding levels. Programs run from June through August. It features English pleasure riding, swimming, canoeing, hiking, arts & crafts, and farm related activities. For more info call 363-4900 or visit www.roaddsendfarm.com

Concord

Paul Hogan Point Guard-Post Player Camp
Specialty Basketball Camp and Rip City Basketball Camp programs are held at the NH Technical Institute, for boys and girls in grades 5-11. Limited enrollment. For more info call 340-1719 or visit www.hogancamps.com/pointguardpost.htm Weekly programs are available in June and July.

Dublin

Dublin Community Preschool & Childcare Center
For boys and girls ages 3-6. Activities include nature art cooking songs dramatic play games seasonal field trips and water play. For more info call 563-8508. Offering two week sessions beginning in June. For more info, visit www.dublinpreschool.org or check them out on Facebook!
East Alstead

The Orchard School
Starting June, we offer day camps for children of all ages, abilities and interest, teen and adult classes/workshops and community events. The programs are full of arts, music, sports, diverse cultures, outside experience, movement and creativity. For more info call 835-2495 or to find out about different camps offered throughout the summer, visit www.theorchardschool.org.

Fitzwilliam

Fleur-de-Lis Camp
For girls ages 8-15 located on Laurel Lake. Activities include swimming, sailing, boating, canoeing, surfing, wind surfing, diving, water skiing, lifesaving, tennis rifle training, archery, field sports, kayaking, arts crafts, a ropes course, horseback riding, and theater arts. For more info, call 585-7751 before June 1st or visit www.fleurdeliscamp.org

Greenfield

Brantwood Camp
Separate camps for boys and girls ages 11-15 from inner city, low-income families; the camp also enrolls campers from urban areas of New Hampshire with scholarships available. Offers athletics and traditional camp activities to instill leadership and to promote its five principles: honesty, loyalty, cooperation, sportsmanship and unselfishness. For more info call 924-3542 or visit www.brantwood.org. Three 2-week sessions are offered in the summer.

Tod Silegy Soccer Camp
One week residential soccer program. For more info call 352-4434 or visit www.todsilegysoccercamp.com

Hancock

Wol’s Nest Day Camp
For children entering grades 1-5. This is an environmental camp sponsored by the Harris Center for Conservation Education. For younger children ages 4 & 5, there is a Wee Wols program offered at the site. Program dates are in July; there are 1 & 2 week sessions. For more info, call 525-3394 or visit www.harriscenter.org

Harris Center for Conservation Education
First through eighth grade. Children will learn about nature and the natural environments that animals live in with swimming, hiking and the occasional over night. For more info contact Jenn Sutton at 603-525-3394 or e-mail at sutton@harriscenter.org

Hillsborough

Windsor Mountain Summer Camp
A residential camp for boys and girls ages 7-16. Campers come from around the world to create this community-oriented summer camp. Campers choose their own activity program such as cooking, African dance, and Jamaican drumming. For more info call 478-3166 or visit www.windsormountain.org
Jaffrey

Wa-Klo
A residential camp for girls ages 6-17. Offers all land and water sports, individualized programming, and excellent instruction. Sessions run from mid-June through mid-August. 2 week, 3 week, 4 week, and 7 week programs are available. For more info call 1-800-352-9102 or visit www.campwaklo.com

Jaffrey Parks and Recreational Dept. Summer Programs

Mini’s Summer Fun: 5 one-week sessions from 8:30 a.m.—12:30 p.m. This is open to 3, 4, and 5 year olds.

Adventure in Movement Program: 8 one-week sessions for children entering grades 1-5. Three day or five day programs from 8:30 a.m.—4:00 p.m. Extended day care available.

Summer Adventure Program: 5 one-week sessions for youth entering grades 6-8. Five day program from 8:30 a.m.—4:00 p.m.

Pure Shot Basketball Camp: 4 one-week sessions for youth grades K-12.

Summer Swim Lessons at Lake Contoocook: 3 two-week sessions for ages 3 and older. Red Cross Certified instructor.

Ketchum’s Kickers Soccer Camp: One week session for boys and girls grades K-5.

Pitch, Hit, and Run Baseball Camp: 2 one-week sessions for boys entering grades 2-6.

Keene

Monadnock Bible Camp
Day camp for ages 6-12 and overnight camp for ages 8-12 available in July. For more info call 532-8321 or visit www.monadnookbible.org/daycamp

Junior Ranger Program
For ages 6-12 meets at Surry Mountain Recreation Area. Instructors are members of the Army Corps of Engineers. The program includes learning about flood control forest management water safety and natural resources. For more info call 352-4130.

Keene State College
Basketball Camp
A day camp for boys and girls ages 8-17. Peewee Owls is offered for boys and girls grades K-2 in June; Owls Hoop School is offered for girls ages 8-17 in July. Boys Basketball Camp is offered for boys ages 8-17 for two weeks in July. For more info call 358-2630; for boys’ camps call Bob Colbert at 358-2806; for girls’ camps call Keith Boucher at 358-2802.
Soccer Camp
Day camp or residential camp for boys and girls ages 5-18. For more info call 358-2805

KSC Upward Bound
For boys and girls grades 9-12 looking to educate themselves and get an experience of higher education. Great for students looking to go to college. For more info call 358-2402 or visit www.keene.edu/upward. Applications must be submitted by mid-March.

Keene Parks and Rec. Center

Summer Playground Programs
Offered at two locations: Fuller Park for ages 6-11. Wheelock Park for ages 6-11. Each program has adult supervisors who run the activities and group events. For more info call 357-9829 or 1-866-743-0609.

Swimming
Lessons are offered at Wheelock and Robin Hood Parks for children ages 6 and older. Sessions are taught by Red Cross certified instructors. For info about either of these programs, call 357-9829.

Montessori School Summer Camp
For children ages 18 months-6 years old. Many program options are available and each week has a different theme. For more info call 352-4052.

Moving Company Dance Center - MOCO

For more information about the following camps at MOCO, call 357-2100.

Vacation Camps (Age 4-12)
School Vacation Camps are arts day camps that introduce children 4-12 years old to fine and performing arts during school vacation weeks.

CupCAKE (Ages 4-8)
MoCo CupCAKE is an arts summer day camp designed for the needs of children 4-8 years old introducing them to fine and performing arts.

Creative Arts at Keene (CAKE) (Ages 8-16)
MoCo Creative Arts at Keene (CAKE) is a unique and fun-spirited arts summer school for youth ages 8-18 with classes in art, creative writing, dance, drama, music, photography, technical theatre, film and video.

St. Joseph’s Summer Adventures
For boys and girls ages 3-13. The camp features a different focus each week. Regular camp activities include games, sports, computers, swimming, hiking, and crafts. For more info call 357-0339
Stonewall Farm
A day camp for boys and girls. Programs are available for 4-5 year olds, 6-7 year olds, 8-9 year olds, 10-11 year olds, 12-14 year olds, and Counselor-in-Training programs for youth entering grades 9-10. The focus is on farm life and the natural environment surrounding the farm. Campers will milk cows, care for farm animals, and explore streams and forests. Camp is open from 9 to 3, with extended childcare hours available until 5:30. For more info call 357-7278 or visit www.stonewallfarm.org.

YMCA: www.keene-ymca.org For information about the YMCA programs, call 352-6002

Camp Wakonda: A day camp for youth in grades 2-5. Activities include arts & crafts, nature, games, swimming, sports, and hiking.

Gymnastics Camp: This day camp runs throughout the summer months. Activities include gymnastics, swimming, arts & crafts, and outdoor activities. Call the YMCA or visit their website for program dates.

Kids Club, Sports Camp, and Adventure Camp are also offered. Visit www.keene-ymca.org for more information and program dates for weekly sessions.

Keene Day Care
For infants, toddlers, preschoolers and school-age children. For info call Melanie Ullman at 352-2129.

Marlborough

Glen Brook
A residential camp for boys and girls ages 8-15. Offers swimming, archery, crafts, canoeing, music, hiking, tennis, horseback riding, and ropes courses. The non profit camp is Waldorf-based, and offers two 3-week sessions. It is a small camp setting with a curriculum rich in arts, music, outdoor exploration and games, and close supervision by a professional staff of Waldorf teachers, former students, and other educators. Camp programs seek to inspire and empower in children a sense of both comfort in the world and a sense of involved responsibility towards involved citizenship. The camp is located on an historic 240-acre farm overlooking Mt. Monadnock. For more info call 876-3342 or visit http://glenbrook.org.

Nelson

Apple Hill Summer Chamber Music Workshop
An intergenerational music school for those 12 and older. Offers international programs with musicians from around the world. Set in beautiful rural New Hampshire, this international festival offers coaching of chamber music groups with emphasis on interpretation, performance, listening, expression, in a non-competitive environment with the Apple Hill strong quartet and guest faculty artists. Master classes, sight reading, formal and informal concerts, cultural exchange, group activities, great food, and strong community feeling are incorporated in the camp. The summer program is divided into five 10-day sessions. For more info call 847-3371 or visit www.applehill.org.
Spoonwood Canoe Adventure Camp
For boys and girls ages 11-13. The camp takes place on Spoonwood Pond and is sponsored by the Harris Center. Visit www.harriscenter.org for more info or call 525-3394.

New Durham

NH Teen Institute
Held annually every 3rd week in July at The Lion’s Camp Pride in New Durham. A leadership program focused on helping students understand the effects of alcohol, tobacco and other drugs and the importance of a positive school environment. For more info call 603-545-7341 or e-mail executive director Kristie Curtis at KCurtis.ti@gmail.com or visit www.nhteeninstitute.org.

Peterborough

Peterborough Recreation Dept.
Offers many programs year round for all ages including soccer, dance, baseball/softball, wrestling, and swimming. For current summer program schedules call 924-8080 or visit www.townofpeterborough.com.

Pembroke

Horton Center on Pine Mountain
Pine Mountain
Learn responsibility, personal faith and leadership skills while hiking, rock climbing, canoeing, and much more. For more info call the Horton Center at 225-6647 or visit www.hortoncenter.org.

Penacook

Camp Spaulding
An overnight camp for boys and girls ages 8-14 nestled on 56 acres of forest overlooking the Contoocook River. Low & moderate income eligibility. The camp offers canoeing, horseback riding, arts & crafts, hiking, archery, fishing, field trips and activity days, songs by the campfire, a wilderness program and ropes courses. For more info call Ed Orlowski at 1-800-640-6486 ext. 4110 or orlowskie@cfsnh.org or campspaulding@cfsnh.org.

Richmond

Camp Takodah
A day and residential camp for boys and girls ages 7-17. Over 50 daily classes are offered, including recreational and instructional swimming, boating, athletics, performing arts, nature, ropes course, and arts & crafts. A one-week “front country” wilderness trip is also available. Sessions run from mid-June through the end of August. Scholarship assistance available if applying before May 1st. For more info call 352-0447

Camp Wiyaka
A residential camp for boys and girls owned by the Athol Area YMCA. Activities include swimming, boating, sports, nature, archery, and crafts. Six sessions run from July through August. For more info call 978-249-3305 or visit www.wiyaka.org.

Spofford

Camp Spofford
For children ages 8-12 and teenagers ages 13-16. Activities include tennis, basketball, volleyball, water skiing, sailing, canoeing, and swimming. Youth camp begins in July and runs through August. For more info call 363-4788, or visit www.campspofford.org.

Sharon

Sharon Arts Center
Art classes offered for children 9 and up. Activities will include pottery, jewelry making, drawing in comic book style, stone carving, and nature prints. For more info call 924-7256.

Swanzey

Pilgrim Pines, Camp Squanto
For children in grades 2-12 located on Swanzey Lake. The camp is affiliated with the East Coast Conference Evangelical Covenant Church, but is open to any religious affiliation. Activities include arts & crafts, swimming, canoeing, archery, basketball, horseback riding, and outdoor adventures. For more info call 352-0443 or visit www.pilgrimpines.org.

Temple

Pony Farm – Touchstone Farm
An overnight, specialty summer riding camp for school-age girls set on a working family farm which offers swimming and lots of countryside. For more info call 654-6308 or visit www.touchstone-farm.org

Barnyard Buddies is a program offered by Touchstone Farm in Temple designed for children in grades K-5 and for children and adults with special needs. Six sessions are offered throughout the summer. Call 654-6308 for more information or email tdevlin@touchstone-farm.org.

Winchester

E.L.M.M Community Center
Children grades 1-6 can have fun through nature exploration, swimming, athletics and more. Camps are offered during February and April vacations. Six weeks of summer camp is offered July through August. For more info call 239-4316.
Vermont

Kroka Expeditions
Vermont’s Wilderness Education School offers programs for youth ages 9-17. Starting from its base camp in Newfane, VT, groups travel to destinations in Vermont, New Hampshire, Maine, New York, and Northern Canada. For more info, visit www.kroka.org/summer/summer.php or call 603-835-9087.

Putney School
Summer Arts Workshops and Writing Programs for youth ages 14-17. Classes feature creative writing, graphic novel & printmaking, fiber arts, photography, music, drama, metal jewelry-making, ceramics, dance, painting, glass arts, sculpture, and animation. Two 3-week sessions are offered in scenic Putney, VT. For more info, call 802-387-6297 or visit www.summer.putneyschool.org.

Condition Specific Camps

Life Threatening Illnesses
Camp Sunshine at Sebago Lake, ME
Camp offers a retreat for children with life threatening illnesses and their families. Programs are available for children with diagnoses such as cancer, kidney disease, lupus, Franconi’s anemia, organ transplants and many other illnesses. The facility is open year-round. For more info call 207-655-3800 or for more info on session dates, visit www.campsunshine.org.

Dream Day on Cape Cod
Located in Brewster, MA, this is a retreat for children with life threatening illnesses and their families. An opportunity to participate in activities that take them away from the hospital life and into the wonders of nature. For more info, call 774-994-7346 or visit www.dreamdayoncapecod.org/camp.html

Visual Impairments
Vacation Camp for the Blind, NY
A respite owned and operated by Visions Services for the Blind and Visually Impaired, and located in Spring Valley, NY. A year-round facility that offers educational classes and other programs. For more info call 1-888-245-8333 ext. 124, or visit www.visionsvcb.org.

Space Camp: Huntsville, Alabama
A week-long Space Camp for children with visual impairments. Held at the U.S. Space and Rocket Center. “The ultimate hands-on experience!” For more info, visit www.tsbvi.edu/space/

Special Needs
Camp Pride
A fully handicap-accessible facility. Lots of activities for all ages and ability and wheelchair accessible. Different “vacation packages” available. Call 207-353-4192 or check out the website at www.outpointvacations.com
**Diabetes**

**Camp Carefree**: American Diabetes Association
Camp is located in New Durham NH. A coed residential camp for those with diabetes ages 8-15. For more info call 659-7061 (during the off-season) or 859-0410 (during the summer season) or visit [www.campcarefreekids.org](http://www.campcarefreekids.org).

**The Barton Center for Diabetes Education**
Camp Clara is a residential summer camp serving girls with diabetes between the ages of 6-16, and is located in North Oxford, MA. Camp Joslin is a residential summer camp serving boys ages 6-16, located in Charlton, MA. A residential family camp is offered for entire families who have at least one child (age 6-16) with insulin-dependent diabetes, and is located in North Oxford, MA. Coed adventure programs are available for coed campers ages 13-18, and day camps are located in Massachusetts, New York, and Connecticut for boys and girls ages 6-12. For more info, call 508-987-2056 or visit [www.bartoncenter.org](http://www.bartoncenter.org).

**Hole in the Wall Gang Camp: Ashford, CT**
Free residential camps for children ages 7-15 on or off treatment for cancer. Also serves children with HIV/AIDS, hemophilia and sickle cell anemia. For more info call 860-429-3444 or visit [www.holeinthewallgang.org](http://www.holeinthewallgang.org).

**Emotional, Learning and Behavioral Disabilities**

**Camp Starfish**
Located in Rindge, NH, a day and overnight camp for children and teens with behavioral, emotional and learning needs. The staff-camper ratio is 1:1, and staff help campers to foster social skills and help overcome personal challenges. Sports, waterfront and nature activities, movement (dance, yoga, gymnastics and martial arts) and teambuilding exercises are offered. For more info call 978-368-6580 or visit [www.campstarfish.org](http://www.campstarfish.org).

**Physical/Mobility Issues**

**Northeast Passage, Durham NH**
One night event or overnight for those with physical disabilities and their peers. Offering outdoor camping experiences, adaptive sports, and recreational activities throughout the year. Special grants are offered for children from military families Offered through Easter Seals. For more info call 862-0070 or visit [www.nepassage.org](http://www.nepassage.org).

**Crotched Mountain Accessible Sports Programs and Hiking Trails**
Handicap-accessible recreational sports, such as kayaking and skiing. For more info call Molly at 547-3311 ext. 1664 or visit [www.crotchedmountain.org](http://www.crotchedmountain.org).

**Camp Waban, Sanford ME**
Co-ed residential camp that is all-accessible for all ages with physical disabilities. There is no staff on the premises. Interested people can come with their own family and/or support staff. The facility provides food, but programs are at your leisure. For more info call 207-324-7955 or visit [www.waban.org](http://www.waban.org).
Skin Disorders
Camp Knutson, Crosslake, MN
A residential camp located on the waterfront, designed for children with severe skin disorders and special needs. The program is a project of the American Academy of Dermatology. For more info, call 218-543-4232 or visit www.lssmn.org

Heart Conditions
Edward J Madden Memorial Open Heart Camp, Great Barrington, MA
Residential camp for those who have had heart surgery, ages 8-15. An eight-week camp season is divided into four age-specific camp sessions. Program activities include non-contact sports, athletic challenges, swimming, arts & crafts, drama, music, talent shows, trips to cultural events, outdoor education, and recreational play. For more info, call 413-528-2229 or visit www.openheartscamp.org or hearts@openheartscamp.org

Hearing Impairments
Austin/Green Mountain Lions Club, VT
Residential camp for the deaf and hearing impaired between the ages of 5-18 and their siblings. For more info call 802-254-4571

Intellectual Disability
Grotonwood Camp, Groton, MA
A general recreation/residential camp that serves adults (over 18) with intellectual disabilities. Campers must be toilet trained and be able to perform daily hygiene and living skills with minimal assistance. Weekly sessions run June through August, Sunday through Friday. For more info call 978-448-5763 or visit www.grotonwood.org

Oceanwood, Ocean Park ME
A general residential/recreational camp serving adults (over 18) with intellectual disabilities. Campers must be toilet trained and be able to perform daily hygiene and living skills with minimal assistance. For more info call 207-934-9655 (during the summer season) or 978-448-5763 (during the winter season).

Camp Allen Inc. for Individuals with Disabilities
Located in Bedford NH. Quality care for individuals with disabilities while enjoying camp and traditions. Residential camp, campers include co-ed ages 6-90. For campers with physical and mental challenges such as autism, cerebral palsy, cystic fibrosis, epilepsy, hearing impairment/deaf, intellectual disability, mobility limitation, multiple sclerosis, muscular dystrophy, speech/communication impairment, visual impairment/blind, and spina bifida. For more info call 622-8471 or visit www.campallennh.org

Lion’s Camp Pride, New Durham, NH
A fully handicapped accessible facility for children and adult campers with mild through profound special needs. Offers cafeteria style meals, indoor dining and paved walkways. The camp offers a comfortable camping experience for those who have ambulatory difficulties or who are in wheelchairs. Lots of activities for every age and ability are available. For more info call 859-0417 or visit http://www.camppride.nhlions.org/index.htm

Camp Carpenter, Manchester, NH
Offers residential and day camp programs for boys and girls with disabilities, ages 6-12. Sponsored by Easter Seals of NH. For more info call 623-5962 or visit www.dwebsa.org/camps